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# Charlotte Valley Menu October 2018



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><i>Sandwiches, Salads, Yogurt, Fresh Vegetables, Fresh and Canned Fruit Offered Daily</i></p>	<p><i>Daily Milk Choices Fat Free White, 1% White, Fat Free Chocolate</i></p>			<p><b>Daily Breakfast Choices</b>            Assorted Cereal, Fresh Fruits, Juices, Milk, Smoothies</p>
1	2	3	4	5
French Toast Sticks	Breakfast Pizza	Waffles/Berries	Bagel/Cream Cheese or Jelly	Pancakes/Sausage
Chicken & Biscuits Mashed Potatoes Silly Dilly Green Beans	Tijuana Tacos Lett, Tomato, S.Cream, Salsa Mexican Rice Crazy Corn	Chicken Parm Sandwich Oven Baked Fries X-Ray Vision Carrots	Build-A-Burger Backyard Beans Tiny Trees on a Tray	Samona's Cheese Pizza Kickin' Chicken Pizza Super Spinach
8	9	10	11	12
	Breakfast Pizza	Waffles/Berries	Breakfast Sandwich	Fresh Baked Muffin /HB Egg
	Italian Chicken Sub Sweet Potato Wedges Tiny Trees on a Tray	Shepherd's Pie Fresh Dinner Roll(s) Fresh Roasted Cauliflower	Pulled Pork Sandwich Baked Beans Coleslaw Blissful Beets	Captain Cook's Fish Sandwich Herb Roasted Potatoes Power Punch Peas
15	16	17	<b>Noon Dismissal</b> 18	19
French Toast Sticks	Breakfast Pizza	Waffles/Berries	Bagel/Cream Cheese or Jelly	<b>No School</b>
Clucker Nuggets Herbalicious Rice Mixed-Up Vegetables	Ooey Goey Mac & Cheese Stewed Tomatoes Tiny Trees on a Tray	Italian Meatball Sub Chick Pea Salad X-Ray Vision Carrots	Turkey/Cranberry Sauce Mashed Potatoes/Gravy Fresh Dinner Roll(s) Power Punch Peas	
22	23	24	25	26
French Toast Sticks	Breakfast Pizza	Waffles/Berries	Breakfast Sandwich	Breakfast on a Stick
Chicken Fajitas Salsa, Sour Cream Mex Rice /Refried Beans Crazy Corn	Sloppy Joe Oven Baked Fries Power Punch Peas	Major League Frank/Sauerkraut Roasted Sweet Potatoes Silly Dilly Green Beans	Potato Bar Ham, Chicken, Cheese, Broccoli, Tomatoes, Corn Sour Cream, Chives	Samona's Cheese Pizza Kickin' Chicken Pizza Tiny Trees on a Tray
29	30	31		
French Toast Sticks	Breakfast Pizza	Waffles/Berries		
Chicken Parm/Pasta Garlic Parm Breadstick X-Ray Vision Carrots	Chicken Quesadillas Black Bean & Corn Salsa Mexican Rice /Refried Beans Crazy Corn	Spaghetti/Plain or Meat Sauce Fresh Dinner Roll(s) Power Punch Peas		

This institution is an equal opportunity provider and employer.

\*Menu Subject to Change Without Notice\*